

A close-up photograph of a salad on a dark plate. The salad includes several slices of grilled fish, likely salmon, topped with white sesame seeds. It is mixed with fresh green lettuce, sliced red onions, and cherry tomatoes. A white line-art illustration of a seashell is positioned in the lower center of the image. The entire image is framed by a white geometric border with square motifs at the corners.

Salads & Soups



Salads

Triangle Fresh Garden Salads:

Fresh Lettuce, Cucumber, Tomatoes, Onions, Carrots, Avocado, Olives and Peppers with Vinegrate Sauce

UGX.20,000

Chicken Salad

A combination of Chicken with Mayonnaise, Cucumber, Tomatoes, Leeks on a bed of Lettuce

UGX.25,000

Avocado Calypso

Avocado and Pineapple Slices topped with Calypso Sauce

UGX.20,000

Baked Mushrooms on Toast

Sliced Mushrooms in Cream Sauce, Herbs and Cheese Gratin

UGX.24,000

Ankole Salad

Beef strips, Tomatoes, Onions, Green Pepper, and Carrots with Eshabwe

UGX.30,000

Chef's Salads Special

A combination of Cheese, Beef, Chicken, Carrots, Boiled Eggs, Lettuce, Avocado, Onion Rings, Cucumber, Tomatoes and tossed in Mayonnaise Sauce

UGX.41,000

Greek Salad

Lettuces, Olives, Cucumber, Onions, Tomatoes and Feta Cheese

UGX.22,000

Soups

Clear Chicken Soup

Jullienne of Chicken and Vegetables cooked in Chicken Broth

UGX.18,000

French Onion Soup

Served with Cheese Croutons

UGX.18,000

Cream of Mushroom Soup

Organic Mushrooms with herbs finished with fresh cream

UGX.18,000

Clear Vegetable Soup

UGX.18,000

Cream of Tomato Soup

Homemade soup with Fresh Tomatoes served with Bread Croutons

UGX.18,000

Soup Of The Day

UGX.18,000

A photograph of a plate of food, featuring a large portion of grilled meat, possibly ribs or a steak, garnished with lemon wedges. To the left of the meat are various vegetables including broccoli, green bell peppers, and a slice of red onion. The plate is white and sits on a dark, textured placemat. A silver fork is visible in the upper left, and a silver knife is in the upper right. A white line-art illustration of a knife and a fork is overlaid on the lower half of the plate. The entire image is framed by a white geometric border consisting of squares and lines at the corners.

The Grill

Hotel Triangle Mbarara



Bounties from Water

Deep Fried Whole Tilapia Fish

Fried Whole Fish to perfection served with Fine Herbs and Lemon Wedges

UGX.67,000

Fresh Pan Fried / Grilled Tilapia Fillet

Marinated Boneless Fillet, Pan Seared or Grilled served with French Fries, or Rice

UGX.46,000

Boiled / Stewed Whole Tilapia Fish

Whole Tilapia Fish Cooked in Tomato Sauce with Vegetables

UGX.62,000

Fish Bonne Famme

Poached Fillet of Fish in a White Mushroom Sauce Glazed with Cheese served with Rice, Mashed or Parsley Potatoes

UGX.51,000

Steaks

Tenderloin Steak

Marinated Beef Fillet served with Baked Potatoes or Rice.

UGX.59,000

Grilled Signature Pepper Steak

Marinated Beef Fillet served with Baked PGrilled Beef Fillet served with Pepper Sauce accompanied by Steamed Rice or Mashed Potatoesotatoes or Rice.

UGX.59,000

Grilled Mushroom Steak

Grilled Beef Fillet finished in Mushroom Sauce accompanied with Mashed Potatoes, Rice or Parsley Potatoes

UGX.62,000

Beef Stroganoff

Marinated Beef and Vegetable Strips cooked in Cream Sauce served with Mashed Potatoes or French Fries

UGX.49,500

Beef Medallion

Pan Fried Beef Steak cooked to its perfection topped with Tomato Confit served with Mashed Potatoes or Rice

UGX.49,500



Poultry

Grilled Chicken Breast

Tender Juicy Marinated Boneless double breast of Chicken served with French Fried or Steamed Rice

UGX.54,000

Grilled Chicken Chasseur on Bone

Either Thigh or Breast, cooked to perfection served with Mushroom Sauce accompanied with Rice, Irish and Steamed Vegetables

UGX.32,000

Boiled Chicken with Vegetables

Boiled Chicken accompanied with either Steamed Rice or Boiled Irish Potatoes

UGX.35,000

Triangle Mixed Grill

A combination of Fillet of Fish, Beef Steak, Liver, Chicken pieces, Fried Eggs, Beef Sausages, accompanied with French Fries or Rice

UGX.71,000

Triangle Mixed Grill

A combination of Fillet of Fish, Beef Steak, Liver, Chicken pieces, Fried Eggs, Beef Sausages, accompanied with French Fries or Rice

UGX.71,000

Goat's Muchomo

Pan Fried Goat's Meat with Vegetables accompanied with Chips

UGX.42,000

Ugandan Beef / Pilau

Served with Beef Jus

UGX.62,000

Chicken Pilau

UGX.54,000

Stir Fries of Your Choice

Chicken, Beef or Vegetable Stir Fry served with steamed Rice, or Chips

UGX.49,000



Burgers

Grilled Beef Burger

Grilled Beef Patti, with Lettuce, Tomato, Cucumber, in a Burger Bun served with Chips and Onion Rings

UGX.30,000

Cheese Burger

Grilled Beef Patti Topped with Melted Cheese in a Burger Bun served with French Fries

UGX.30,000

Triangle Burger

Chicken Patti, Lettuce, Tomato, Onions Gerkins with 1000 Island dressing served with French Fries

UGX.35,000

Vegetable Burger

Crumbled Vegetables Patti with Tomato, Lettuce, Onion, Cucumbers served with French Fries

UGX.25,000

Curry Corner

Vegetable Curry

Mixed Vegetables in season cooked in Curry Sauce served with Rice or Chapatti

UGX.35,000

Chicken Tikka Masala

Grilled Boneless Chicken cooked in Masala Gravy

UGX.46,000

Mild Chicken Curry

Boneless Chicken Cubes, cooked in Curry Sauce served with Chapatti, Rice

UGX.45,000

Aloo Matta

Potatoes and peas in a thick Curry Sauce

UGX.40,000

Goat Curry

Boneless Goat's Meat Cooked in Indian Spices, served with Rice or Potatoes of your choice

UGX.42,000



Pasta

Spaghetti Pomodoro / Penne

Pasta cooked in Tomato Sauce and Jullinne of Vegetables and Cheese Chill on request

UGX.24,500

Spaghetti Bolognaise

Served with Bolognaise Sauce topped with Cheese

UGX.33,000

Penne Alfredo

Sauteed Mushroom, Chicken, Pennes in Cream Sauce and Cheese

UGX.49,000

Spaghetti Vegetariano

Pasta cooked in Tomato sauce and Jullinne of Vegetables

UGX.24,500

Pizza Corner

Carimero Pizza

Cheese, Tomatoes, Chicken, Mushroom, Green Pepper and Pizza Sauce on Pizza Base

UGX.31,500

Caprese Pizza

Green Pepper, Onion, Mushroom, Tomato and Cheese

UGX.24,000

Triangle Pizza

Ground Beef, Chicken, Sweet Corn, Black Olives, Mushrooms, Tomatoes, Onions, Green Peppers and Cheese and Green Chills

UGX.42,000

Tuna Pizza

Tuna, Black and Green Olives, Onions and Cheese

UGX.35,000

Polo Pizza

Green Pepper, Pineapple, Chicken, Onion, Tomato and Cheese on a Pizza Base

UGX.35,500

Nyama Pizza

Minced Meat, Onions, Tomatoes, Green Pepper, and Cheese on a Pizza Base

UGX.34,000

Magaritta Pizza

Tomato Concaisse, Cheese, Oregano and Olive Oil.

UGX.29,500



Snack Bar

Beef / Chicken Sausages

A Pair of Beef / Chicken Sausages served with Salads

UGX.10,000

Samosas

Beef or Vegetables (3pcs)

UGX.10,000

Vegetable Springrolls

(3pcs)

UGX.10,000

Mozzarella Sticks:

Trio of crumbled Mozzarella Cheese served with Chips

UGX.34,000

Chicken/Beef Skewers

Boneless / Beef served with Salads and Chips

UGX.50,000

Beef Fillet Choma:

Pan Fried Spicy Beef fillet cubes served with Salads and Chips

UGX.50,000

Chicken Wings

Select the taste of your choice: African Style - Mild spiced; Chinese style - Ginger and Honey; Indian Style - Very spiced with Chill

UGX.26,000

Fish Goujons

Finger like Fish Fillet Spiced, Coated with Eggs, Bread Crumbs and Deep Fried accompanied with Tartar Sauce, Salads and Chips

UGX.39,000

Sides

Plain Chips

UGX.15,000

Steamed Rice

UGX.15,000

Omelettes of your choice

UGX.15,000



Sandwiches

Beef / Chicken Sandwich

Chicken with Mayo, Lettuce, Onion, in Homemade Bread Salted or Sweet Bread

UGX.32,000

Cheese Tomato Sandwich

Sweet or Salt Bread simply Filled with Cheese and Tomato and Toasted served with Chip

UGX.25,000

Club Sandwich

A Triple Decker of Sandwich filled with Chicken Mayo, Beef, Cheese, Lettuce, Onion and Tomatoes served with French fries

UGX.42,000

Tuna Sandwich

Tuna Mayo, Bell Peppers, Carpers, Lettuce Onion Dill served with Chips

UGX.35,000

Kids Corner

Fish Fingers

UGX.30,500

Chicken Wings

UGX.26,000

Spaghetti Bolognaise

UGX.21,000

Beef / Chicken Sausages (a pair)

UGX.10,000

Beef Samosa (a pair)

UGX.10,000

Chilled Juices

Lemon, Passion fruit, Mango,
Pineapple, Watermelon, Beetroot

UGX.12,500

Cocktail

UGX.15,000



Desserts And Drinks



Dessert

Shakes (Milk Shakes)

Banana, Vanilla, Strawberry, Mango, Chocolate Combo
Flavors (Assorted Ice Cream), Peanut and Banana

UGX.18,000

Fruit Salads

A glass of Fruit Salads served with Vanilla Ice Cream

UGX.17,000

Tropical Fruit Salad

UGX.17,500

Creps of Ice Cream

Pan Cakes with double Scoops of Vanilla Ice Cream
with melted Chocolate, Caramel Sauce and Nuts

UGX.28,000

Rich of Chocolate Cake

Fudge Cake Rich of chocolate served with Whipped
Cream

UGX.38,000

Trio of Ice Cream:

Election of the three flavors of the day

UGX.25,000

Tea / Coffee

English Tea / Coffee

UGX.12,000

African Tea / Coffee

UGX.14,000

Black Tea / Coffee

UGX.12,000

Lemon Tea

UGX.12,000

Dawa Tea

UGX.16,000

Green Tea

UGX.15,000

Hot Chocolate

UGX.16,000



Hotel Triangle Mbarara